

# Hope Wrap Dress Instructions

## Description:

Hope is a simple wrap dress pattern for knit fabrics with some stretch. The dress uses binding around the unfinished edges which continues to form the ties. This dress is a quick make with only 3 pattern pieces! Make it your own!

## Supplies Needed:

Approximately 2 ½ yards knit fabric (45 wide")

## Instructions:

### **Cut Fabric**

#### Pattern pieces

- 1- Dress Front (cut 2)
- 2- Dress Back (cut 1 on fold)
- 3- Sleeve (cut 2)
- 4- Binding/Ties (cut 3 strips along the width of the fabric and 2 ½" wide)

### **Sew**

#### *Notes:*

1. All seam allowances are 5/8" unless otherwise stated
2. I recommend a stretch twin needle for the hem and sleeve hems
3. I do not recommend woven fabrics for this dress, as there are no darts. The binding is not cut on the bias, so it requires a stretchy fabric.

#### Side Seams

1. Stitch the right front piece to the right side seam (right sides together).
2. Transfer the dots on the left front piece around the waistband. These indicate where you will leave a hole in the seam for a tie to fit through.
3. Stitch the left front piece to the left side seam (right sides together). Stop and backstitch before and after the dots, leaving the space in between them open.
4. Topstitch a square around the hole to secure it.

*Note: At this point make sure you check the fit and make the necessary adjustments.*

#### Sleeves

5. Sew the sleeve seam in each sleeve, right sides together. Press the seam open.
6. Pin the upper portion of each sleeve to the armhole openings in the main dress, making sure the notches at the top match up, and the seams at the bottom match up.

#### Hem & Sleeve Hem

7. Turn up the sleeve hem about 5/8" and top-stitch. I recommend stretching the fabric slightly as you stitch which will give it a little room for slipping your hand through. I also recommend using a twin needle to hem for a nicer look.
8. Turn up the skirt hem about 5/8". This time, there is no need to stretch the fabric as you sew.

### Binding

*Note: It may help to make a tape out of the binding pieces, by turning both raw edges in, pressing, then folding in 1/2 and pressing again. Some knits may not do this nicely, however.*

9. Start with the lower portion of the skirt below the waist. Take one of the binding strips you cut out, and turn one end under. Pin it right sides together with the main dress, with the turned end lining up with your finished hem. Sew using a 5/8" seam allowance from the hem to the angle at the waistline.
10. Take the unattached edge of the binding, flip it over the raw edges of the previous seam, and turn the raw edge underneath itself (much in the way you would attach bias binding). Carefully pin this all the way along the edge. Flip it over so that the outside of the dress is facing up, and topstitch close to the inner edge of the binding strip (basically, right over your first seam). The goal is to also catch the binding folded underneath. It's a bit tricky, but take your time and do it correctly. The best thing is to make sure it's carefully pinned in place before stitching.
11. Cut your binding off at the same angle as the dress at the waist.
12. Repeat steps 9-11 for the other edge. There should be enough fabric leftover from the same strip you used in step 9.
13. Attach the other 2 binding strips at one end. Line this seam up with the middle of the neck on the main dress. Pin this binding strip all the way down the front edges of the dress right sides together. The extra fabric of the strip will become your ties. Stitch 5/8" from the edge all the way from one corner to the other (but not past the main dress corners).
14. Repeat #10, pinning and stitching all the way around the neckline.

### Ties

*Note: There are 2 ways to do the ties- pick your favorite.*

1. Fold the end of each tie under and stitch in place.
  2. Fold the tie like a bias strip (both ends meet in the middle, then fold in half), and topstitch the edges meeting up with the stitching on the neckline.
- OR-**
2. Pin the edges of each tie right sides together, stitch in place very close to the edge, flip it inside out through the opening closest to the dress. Topstitch along the edge and meet up with the stitching on the neckline.